

Aftercare dictates over 50% of what your final outcome will be. Please read all of these directions and follow them to achieve optimal results. Once the scabs fall off the area will appear faded as it heals fully. At 6 weeks the true colouring will be evident and be 30-50% of the initial appearance of the procedure. If you have any questions, please do not hesitate to call!

EYEBROW AFTERCARE:

*Sleeping slightly elevated can aid in swelling the evening of the procedure. Try to avoid sleeping on your face.

- DO NOT TOUCH THE AREA!
- ◆ For the first 24 hours after your procedure: gently dab the area with a warm, damp paper towel to remove any bodily fluids. Allow the tattoo to dry heal for a couple days. After this time period, you may apply the aftercare THINLY 2-3 times a day to moisturize if it is becoming tight and dry.
- Keep the area moisturized in a thin layer similar to chapstick, not overly gooey.
 - -Wash hands with soap before touching the area, and this should only be to apply aftercare.
 - -Only aftercare products are to be used, not even antibiotic ointments.
 - -Before showering, apply the provided aftercare product to pigmented area to protect it from accidental water exposure.
 - -Remove old aftercare through gentle dabbing before applying a new amount.
 - -Before sleeping, apply a extra layer to keep it moisturized throughout the night.
- No make-up of any kind should be worn until the area is fully healed. (At least 10 days)
- Avoid sun and tanning beds for 30 days after. (Using these will fade your tattoo even after it has healed.)
- No gym or sweating the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- No trips for **14 days**, as new environments/climates are not ideal for consistent healing and aftercare.
- Keep it clean and <u>dry</u>. Water will soften the area and impede healing. Baths are recommended so there is no soaking in water or direct water streaming onto the tattoo. No pools, salt water, sauna, hot tubs, steam rooms etc while the area is healing.
- When washing your face avoid the area and pat dry if it does get wet.
 - **Do not wipe!!** This will disturb the healing process and pull out the pigment.
- Do not wash the area for at least **10 days**. Dab to dry using a tissue or Q tip. No towels!
- **Do not pick** at scabs as this will pull out the pigment and can cause scarring. Keep them moisturized and try to keep them on as long as possible. -They will naturally fall off.

- -We do everything possible to reduce risks and put your safety first. Risk factors should be avoided and directions adhered to. Results cannot be reliably predicted and will vary.
- -The procedures are done with great care, detail and preparation. We do not give refunds as we aim for your satisfaction throughout the procedure.
- -There are no written, verbal or implied guarantees if you do not follow proper aftercare instructions and maintain good long term care.



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EYELINER AFTERCARE:

*Sleeping slightly elevated can aid in swelling the evening of the procedure. Try to avoid sleeping on your face *Protect your eyeliner by wearing sunglasses and be aware of environments that can be dusty etc. that can stick to the aftercare balm.

- DO NOT TOUCH THE AREA!
- For the first 24 hours after your procedure: gently dab the area with a warm, damp paper towel to remove any bodily fluids. Allow the tattoo to dry heal for a couple days. After this time period, you may apply the aftercare THINLY 2-3 times a day to moisturize if it is becoming tight and dry.
- Keep the area moisturized in a thin layer similar to chapstick, not overly gooey.
 - -Wash hands with soap before touching the area, and this should only be to apply aftercare.
 - -Only aftercare products are to be used, not even antibiotic ointments.
 - -Before showering, apply the provided aftercare product to pigmented area to protect it from accidental water exposure.
 - -Remove old aftercare through gentle dabbing before applying a new amount.
 - -Before sleeping, apply a extra layer to keep it moisturized throughout the night.
- No make-up of any kind should be worn until the area is fully healed. (At least 10 days) When it is time to use mascara again, use a new mascara to prevent infection.
- Avoid sun and tanning beds for 30 days after. (Using these will fade your tattoo even after it has healed.)
- No gym or sweating the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- No trips for 14 days, as new environments/climates are not ideal for consistent healing and aftercare.
- Keep it clean and <u>dry</u>. Water will soften the area and impede healing. Baths are recommended so there is no soaking in water or direct water streaming onto the tattoo. No pools, salt water, sauna, hot tubs, steam rooms etc while the area is healing.
- When washing your face avoid the area and pat dry if it does get wet.
 Do not wipe!! This will disturb the healing process and pull out the pigment.
- Do not wash the area for at least 10 days. Dab to dry using a tissue or Q tip. No towels!
- **Do not pick** at scabs as this will pull out the pigment and can cause scarring. Keep them moisturized and try to keep them on as long as possible. -They will naturally fall off.

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Aftercare dictates over 50% of what your final outcome will be. Please read all of these directions and follow them to achieve optimal results. Once the scabs fall off the area will appear faded as it heals fully. After 2 months the true colouring will be 50-80% of the initial appearance of the procedure. If you have any questions, please do not hesitate to call!

LIP AFTERCARE:

*Sleeping slightly elevated can aid in swelling the evening of the procedure. Try to avoid sleeping on your face as it can damage the work. *Place plastic wrap on the area before ice packs can be applied for 5 minutes at a time the evening of the procedure to aid in swelling. Swelling can last 2-3 days.

- DO NOT TOUCH THE AREA! *IF YOU GET A COLD SORE, SEE YOUR DOCTOR IMMEDIATELY.*
- For the first 24 hours after your procedure: gently dab the area with a warm, damp paper towel to remove any bodily fluids. Allow the tattoo to dry heal for a couple days. After this time period, you may apply the aftercare THINLY 2-3 times a day to moisturize if it is becoming tight and dry.
- Keep the area moisturized in a thin layer similar to chapstick, not overly gooey.
 - -Wash hands with soap before touching the area, and this should only be to apply aftercare.
 - -Only aftercare products are to be used, not even antibiotic ointments.
 - -Remove old aftercare through gentle dabbing before applying a new amount.
 - -Before sleeping, apply a extra layer to keep it moisturized throughout the night.
- Use a straw to drink for the first few days and avoid eating spicy or salty foods as they should not touch
 your lips for 2-3 weeks after the procedure.
- No make-up of any kind should be worn until the area is fully healed.
- Avoid sun and tanning beds for 30 days after. (Using these will fade your tattoo even after it has healed.)
- No gym or sweating the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- No trips for 14 days, as new environments/climates are not ideal for consistent healing and aftercare.
- Keep it clean and <u>dry</u>. Water will soften the area and impede healing. Baths are recommended so there is no soaking in water or direct water streaming onto the tattoo. No pools, salt water, sauna, hot tubs, steam rooms etc while the area is healing.
- When washing your face avoid the area and pat dry if it does get wet.
 - **Do not wipe!!** This will disturb the healing process and pull out the pigment.
- Do not wash the area for at least 10 days. Dab to dry using a tissue or Q tip. No towels!
- **Do not pick** at scabs as this will pull out the pigment and can cause scarring. Keep them moisturized and try to keep them on as long as possible. -They will naturally fall off.

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It's critical to follow all aftercare instructions to prevent complications, scarring and to achieve optimal results. If you have any questions, please do not hesitate to call!

SALINE TATTOO REMOVAL AFTERCARE:

- DO NOT TOUCH THE AREA!
- KEEP AREA CLEAN and open to the air. Do not cover with a Band-aid or anything else, leave open to air. Air/oxygen provides good and faster healing. You should not be touching the area at all but if you must, please make sure your hands are exceptionally clean.
- **DO NOT SOAK** the treated area in water. You can shower as normal but keep the area out of the direct shower spray the best you can and do not let the area stay wet for more than a few minutes. It is best to keep it dry, but if it does get wet gently pat dry.
- NO BATHING, SWIMMING, SAUNAS, HOT TUBS, TANNING OR EXERCISE. NO EXCEPTIONS.
- ◆ **DO NOT** disrupt the scabbing process (ie: no picking, scratching etc.) All scabbing needs to fall off naturally. If you force or pick a scab off you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible to achieve optimal results.
- TREAT THE AREA WITH TLC DO NOT DO ANYTHING AT ALL THAT COULD CAUSE ISSUES OR PROBLEMS TO THE TREATED AREA.
- ONCE ALL SCABBING HAS NATURALLY FALLEN OFF apply one drop of Vitamin E oil 3-4 times throughout the day for a minimum of 4 weeks, or until next lightening session. DO NOT start applying the Vitamin E oil UNTIL ALL scabbing has naturally and completely fallen off. It is our goal to keep the area as dry as possible until all scabs have naturally fallen off.
- ◆ LIPS: Please drink all liquids with a straw until all scabbing has naturally fallen off. Brush with Toms of Maine or Classic Crest toothpastes (no whitening or peroxide toothpastes.) Cut food into small bites − no biting into a sandwich or wrap. Try to keep mouth expressions to a minimum to maintain scabs.
- It is important to the process and integrity of the skin that a full 8 weeks of healing take place before another lightening session can be done. NO exceptions.
- Lightening and/or removing unwanted pigment is a long process and patience is required. This is true whether you are choosing a lightening product or laser. Please be patient and give the process a fair chance to work. Expect visible and wanted results in 2-5 sessions. How many sessions needed will depend on how saturated the pigment is, how deep it was implanted and how much needs to be removed for the desired result. In many cases only a percentage of the pigment needs to be lightened/removed and then we can continue the correction process by colour correcting or cover up.
- Results cannot be forseen, predicted or guaranteed.

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AREOLA RESTORATIVE TATTOO AFTERCARE:

- ***If there's a bandage****Keep your tattoo covered for 8 hours or overnight.
- ◆ A transparent/surgical style bandage may stay on longer (approx. 3-5 days) and can be gently removed during a shower. **REMOVE THE BANDAGE** if there is too much fluid under it!
- ALWAYS wash your hands before touching your new tattoo.
- Rinse/wash your freshly unwrapped tattoo with WARM/HOT water to remove any plasma- wash away all slime/shine.

If no bandage*

- Allow your skin to fully dry and breathe without any cream or ointment for the first 3 days of the reveal.
- A very small amount of ointment or mild cream (UNSCENTED) may be applied before bed on clean, dry skin using clean hands.
- There is no miracle cream, a healing aid should not be necessary. Do NOT use Vaseline/Petroleum products or any scented products during the healing stages of your tattoo.
- Days 4-10 will show some flakiness and cellular regrowth, please refrain from scratching, your tattoo may feel itchy when the new skin cells regrow.
- DO NOT swim or apply sunscreen for 3-5 weeks.
- Your body knows what to do! Best stay out of the way. Full healing of cellular regrowth requires 6 weeks minimum.
- Do not touch or handle your tattoo any more than is necessary.
- Avoid sun and tanning beds for 30 days after. (Using these will fade your tattoo even after it has healed.)
- No gym or sweating the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- No trips for **14 days**, as new environments/climates are not ideal for consistent healing and aftercare.
- Do not wipe!! This will disturb the healing process and pull out the pigment.
- **Do not pick** at scabs as this will pull out the pigment and can cause scarring. Keep them moisturized and try to keep them on as long as possible. -They will naturally fall off.

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CAMO/ GENERAL TATTOO AFTERCARE:

- ***If there's a bandage:****Keep your tattoo covered for 8 hours or overnight.
- ◆ A transparent/surgical style bandage may stay on longer (approx. 3-5 days) and can be gently removed during a shower. **REMOVE THE BANDAGE if there is too much fluid under it!**
- ALWAYS wash your hands before touching your new tattoo.
- Rinse/wash your freshly unwrapped tattoo with WARM/HOT water to remove any plasma- wash away all slime/shine.

If no bandage:*

- Allow your skin to fully dry and breathe without any cream or ointment for the first 3 days of the reveal.
- A very small amount of ointment or mild cream (UNSCENTED) may be applied before bed on clean, dry skin using clean hands.
- There is no miracle cream, a healing aid should not be necessary. Do NOT use Vaseline/Petroleum products or any scented products during the healing stages of your tattoo.
- Days 4-10 will show some flakiness and cellular regrowth, please refrain from scratching, your tattoo may feel itchy when the new skin cells regrow.
- DO NOT swim or apply sunscreen for 3-5 weeks.
- Your body knows what to do! Best stay out of the way. Full healing of cellular regrowth requires 6 weeks minimum.
- Do not touch or handle your tattoo any more than is necessary.
- Avoid sun and tanning beds for 30 days after. (Using these will fade your tattoo even after it has healed.)
- No gym or sweating the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- No trips for **14 days**, as new environments/climates are not ideal for consistent healing and aftercare.
- Do not wipe!! This will disturb the healing process and pull out the pigment.
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FRECKLE TATTOO AFTERCARE:

- DO NOT TOUCH THE AREA!
- Avoid washing your face: gently dab the area with a warm, damp paper towel to remove any bodily fluids if needed in the first few hours after the tattoo. Allow the tattoo to dry heal for a couple days. After this time period, you may apply unscented lotion THINLY once a day to moisturize the areas carefully if it is becoming tight and dry.
- Keep the area moisturized in a thin layer similar to chapstick, not overly gooey.
 - -Wash hands with soap before touching the area, and this should only be to apply aftercare.
 - -Only unscented lotions are to be used, not even antibiotic ointments.
- Face away from the shower direct stream and wash your face with a facecloth avoiding the tattoos.
- No make-up of any kind should be worn until the area is fully healed. (At least 10 days)
- Avoid sun and tanning beds for 30 days after. (Using these will fade your tattoo even after it has healed.)
- No gym or sweating the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- No trips for 14 days, as new environments/climates are not ideal for consistent healing and aftercare.
- Keep it clean and <u>dry</u>. Water will soften the area and impede healing. Baths are recommended so there is no soaking in water or direct water streaming onto the tattoo. No pools, salt water, hot baths, sauna, hot tubs, steam rooms etc while the area is healing.
- When washing your face avoid the area and pat dry if it does get wet.
 - **Do not wipe!!** This will disturb the healing process and pull out the pigment.
- Do not wash the area for at least **10 days**. Dab to dry using a tissue or Q tip. No towels!
- **Do not pick** at scabs as this will pull out the pigment and can cause scarring. Keep them moisturized and try to keep them on as long as possible. -They will naturally fall off.

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