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**Aftercare dictates over 50% of what your final outcome will be. Please read all of these directions and follow them to achieve optimal results. Once the scabs fall off the area will appear faded as it heals fully. At 6-8 weeks the true colouring will be evident. If you have any questions, please do not hesitate to call!**

### **AREOLA RESTORATIVE TATTOO AFTERCARE:**

- ◆ Keep your tattoo covered for 8 hours or overnight.
- ◆ A transparent/surgical style bandage may stay on longer (approx. 3-5 days) and can be gently removed during a shower.
- ◆ **REMOVE THE BANDAGE if there is too much fluid under it!**
- ◆ **ALWAYS** wash your hands before touching your new tattoo.
- ◆ Rinse/wash your freshly unwrapped tattoo with WARM/HOT water to remove any plasma- wash away all slime/shine.
- ◆ Allow your skin to fully dry and breathe without any cream or ointment for the first 3 days of the reveal.
- ◆ A very small amount of ointment or mild cream (such as: A&D ointment, Galaxal Base, Aquaphor, Lubriderm for sensitive skin, etc) may be applied before bed on clean, dry skin using clean hands.
- ◆ There is no miracle cream, a healing aid should not be necessary. Do NOT use Vaseline/Petroleum products or any scented products during the healing stages of your tattoo.
- ◆ Days 4-10 will show some flakiness and cellular regrowth, please refrain from scratching, your tattoo may feel itchy when the new skin cells regrow.
- ◆ **DO NOT** swim or apply sunscreen for 3-5 weeks.
- ◆ Your body knows what to do! Best stay out of the way. Full healing of cellular regrowth requires 6 weeks minimum.
- ◆ **Do not touch or handle your tattoo any more than is necessary.**
- ◆ Avoid sun and tanning beds for **30 days after**. (Using these will fade your tattoo even after it has healed.)
- ◆ **No gym or sweating** the day (or night!) of your procedure. No heavy sweating for 7-10 days to ensure it is kept clean and sweat pushes out the pigment.
- ◆ No trips for **14 days**, as new environments/climates are not ideal for consistent healing and aftercare.
- ◆ **Do not wipe!!** This will disturb the healing process and pull out the pigment.
- ◆ **Do not pick** at scabs as this will pull out the pigment and can cause scarring. Keep them moisturized and try to keep them on as long as possible. -They will naturally fall off.

#### **Policies**

*-We do everything possible to reduce risks and put your safety first. Risk factors should be avoided and directions adhered to. Results cannot be reliably predicted and will vary.*

*-The procedures are done with great care, detail and preparation. We do not give refunds as we aim for your satisfaction throughout the procedure.*

*-There are no written, verbal or implied guarantees if you do not follow proper aftercare instructions and maintain good long term care.*